

What greater rest is possible than to be dead and yet have Jesus Christ living in us? Is it possible to have a more powerful **Sabbath rest**, than to have Jesus living in and through us?

Thus, in the same way that **Jesus is our Sacrificial Lamb... He is also our Sabbath rest!** Jesus is the fulfillment of both of these aspects of the Law.

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### Other Scriptures To Consider

**Don't let anyone JUDGE you...**

*“Let no man therefore **judge you** in meat, or in drink, or in respect of an holyday, or of the new moon, or of the **sabbath days:**” (Colossians 2:16)*

God commands us not to allow anyone to judge us in regards to Sabbath days. This makes perfect sense since Christians can have their **continuous** Sabbath rest in **Jesus Christ!**

**Regard the day(s) as unto the Lord...**

*“Who art thou that judgest another man's servant? to his own master he standeth or falleth. Yea, he shall be holden up: for God is able to make him stand. (5) One man **esteemeth one day above another: another esteemeth every day alike.** Let every man be fully persuaded in his own mind. (6) He that **regardeth the day, regardeth it unto the Lord; and he that regardeth not the day, to the Lord he doth not regard it.** He that eateth, eateth to the Lord, for he giveth God thanks; and he that eateth not, to the Lord he eateth not, and giveth God thanks.” (Romans 14:4-6)*

Here we see a clear condemnation of judging others regarding keeping days holy unto the Lord. If one man keeps one day unto the Lord and another man keeps every day holy unto the Lord... **they do it unto the Lord.**

God is very clear as it pertains to judging His children regarding keeping, or not keeping, one specific day holy unto the Lord.

On the one hand, God tells us not to let anyone judge us about keeping the Sabbath. To those who want to judge and condemn (like the Pharisees), God says... **Who are you to judge My servants?**

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### Jesus Is Our Sabbath Rest!

**Take my yoke...**

*“Come unto me, all ye that labour and are heavy laden, and **I will give you rest.** (29) Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and **ye shall find rest unto your souls.** (30) **For my yoke is easy, and my burden is light.**” (Matthew 11:28-30)*

Jesus has **promised** to give us **REST.**

The author of Hebrews tells us that **Jesus IS our Sabbath REST.**

Why do we want to **KEEP WORKING** to obtain that which **Jesus has already given us!**

**ENTER INTO HIS REST!**

*“I am crucified with Christ: nevertheless I live; yet not I, but **Christ liveth in me...**” (Galatians 2:20)*

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By: Robert Dallmann

*“Six days may work be done; but in the seventh is the sabbath of rest, holy to the Lord: whosoever doeth any work in the sabbath day, **he shall surely be put to death.**” (Exodus 31:15)*

*“It shall be a sabbath of rest unto you, and ye shall afflict your souls, **by a statute for ever.**” (Leviticus 16:31)*

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Clearly we see that God takes the **Sabbath** very seriously. From the above passages, one who violates the Sabbath should be **“put to death”** and that this is a **“statute forever”**.

So, why do most Christian churches hold their worship services on Sunday and not on Saturday? This is a **critically important** question to answer.

Did God change the Sabbath from Saturday to Sunday?

Is God no longer concerned about keeping the Sabbath holy and entering into God's rest?

Is it because we are no longer under the Law that we do not need to keep the Sabbath? What about the other nine of the Ten Commandments (i.e. lying, stealing, etc.)?

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**Is The Sabbath On Sunday Now?**

# OUR SABBATH REST

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One theory is that God changed the Sabbath from Saturday to Sunday. This notion is not supported in the Bible. One possible view is that Sunday is the Lord's day based upon the Resurrection of Jesus and some instructions regarding gathering on the first day of the week.

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## Is God Not Concerned About Sabbaths?

Another thought is that God is not concerned about Sabbath Law (or any Law) under the New Covenant. This cannot be true since Jesus tells us in Matthew 5:18 that none of the Law will pass away until Heaven and earth pass away.

We will see that God is indeed still focused on the Sabbath, and has made the ultimate provision for us to enter into His Sabbath rest.

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## Is It That We Are Not Under The Law?

As noted above, Jesus tells us that none of the Law has passed away (Matthew 5:18). The Bible also teaches that we are to walk in the Holy Spirit, which means living holy... living in obedience.

Think about it. What about the other nine of the Ten Commandments.

God still expects us not to lie... not to covet... not to steal... not to worship idols...

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## A Statute Forever

God says that Sabbath keeping is to continue forever...

As we read at the onset of this message, violation of the Sabbath Law was very serious, and mandated the death penalty.

So why don't most Christians keep the Sabbath anymore?

**Or do we?** Perhaps we do, and may not even know it! Read on...

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## Sacrifices Are A Statute Forever

*“And it shall be Aaron's and his sons' **by a statute forever** from the children of Israel: for it is an heave offering; and it shall be an heave offering from the children of Israel of the sacrifice of their peace offerings, even their heave offering unto the Lord.”* (Exodus 29:28)

The Bible tells us that keeping the Sabbath is a **statute forever**. This passage speaks of an animal sacrifice that is also a **statute forever**. Thus, the Scripture tells us that **both** the Sabbath and certain animal sacrifices are to be kept forever.

But we don't practice animal sacrifices anymore!

Why do Christians no longer offer animal sacrifices? Because **Jesus is the fulfillment of the Sacrificial Laws!**

*“By the which will we are sanctified through the offering of the body of **Jesus Christ once for all.**”* (Hebrews 10:10)

We no longer are enslaved to the Sacrificial Laws because Jesus is the fulfillment of the sacrificial system. Jesus is the **Lamb of God that takes away the sins of the world.**

Thus the sacrificial system has not ended! **IT HAS BEEN FULFILLED!**

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## Has Jesus Likewise Fulfilled The Sabbath?

*“For we who have believed **enter that rest..**”*  
(Hebrews 4:3)

*“For he spake in a certain place of the seventh day on this wise, And **God did rest the seventh day** from all his works.”* (Hebrews 4:4)

*“For if Joshua had given them rest, God would not have spoken of another day later on. So there **remains a Sabbath rest** for the people of God”*  
(Hebrews 4:8-9)

*“For the one **who has entered His rest has himself also rested from his works**, as God did from His.”* (Hebrews 4:10)

*“Therefore, since **we have a great high priest** who has passed through the heavens, **Jesus the Son of God**, let us hold fast our confession.”* (Hebrews 4:14)

From these passages we can learn the following:

- \* Believers **enter that Sabbath rest!**
  - \* This is clearly a reference to the **Sabbath!**
  - \* Christians who **have entered** (past tense) **God's rest**, have also rested from their own works!
  - \* Joshua **did not give them rest!**
  - \* **Jesus is our Sabbath rest!**
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## How Have We Ceased From Our Works?

*“I am crucified with Christ: nevertheless I live; yet not I, but **Christ liveth in me..**”*  
(Galatians 2:20)

Surely, **Jesus IS our Sabbath rest!**